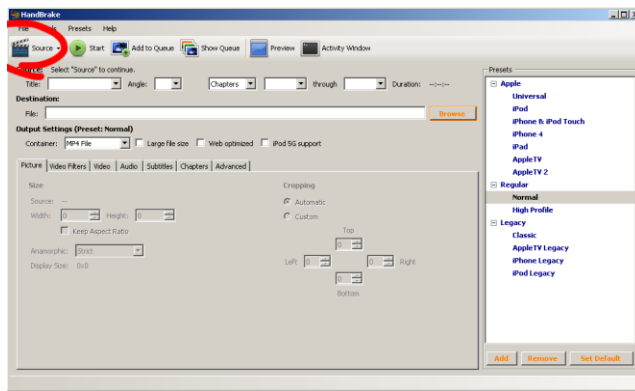


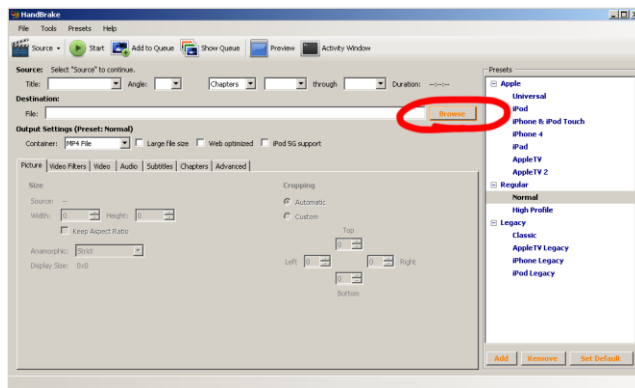
Handbrake User Guide

Converting and Compressing a Video File

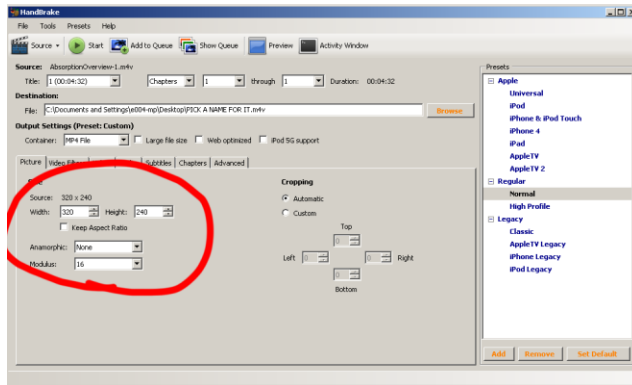
- I. Before you begin, locate your video file.
- II. Launch Handbrake.
- III. Click on Source, Video File, and select the file to be converted.



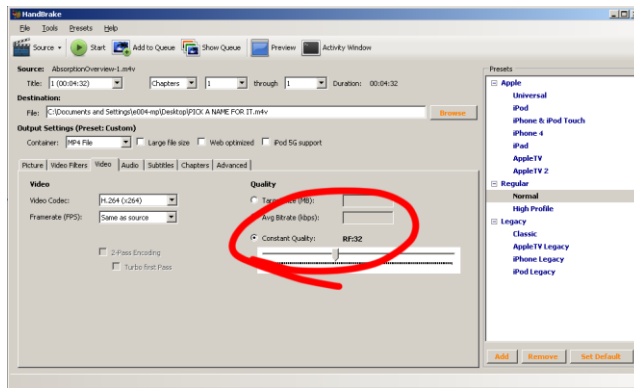
- IV. Enter a name and location for the compressed version.



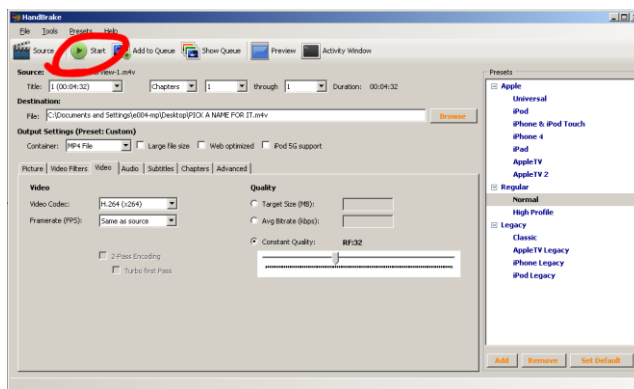
V. Change the Size setting to Anamorphic. Adjust the resolution.



VI. Under the Video tab, change the Quality setting to Constant Quality and adjust the slider to somewhere around 32.



VII. Start the exporting process.



VIII. The green start button will become a red stop sign while converting. When it turns green again, your conversion is complete.